

Ongoing Natural History Study in Phosphomannomutase 2 Congenital Disorder of Glycosylation (PMM2-CDG): **Clinical and Basic Investigations**



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Abstract

GLY-000 Natural History study (NCT03173300) is an ongoing international, multi-center study being conducted at 11 sites, 8 in Europe and 3 in the USA. The goal of the study is to collect cross-sectional and longitudinal data on clinical and biochemical parameters to inform the design of future interventional studies. Several key findings have been observed.

- Failure to thrive: most acute in infants, persists throughout life
- **Coagulation parameters:** dysregulated across a majority of patients, persisting into adulthood; no trend over study duration, with visit-to-visit variability
- Carbohydrate deficient transferrin: shows no trend over study duration, but visit-to-visit variability
- *Liver enzymes:* elevated in children, particularly those < 6 years of age
- Adrenal insufficiency: ~ 25% of patients; screening now incorporated into standard-of-care

Background

Coagulation

Amongst all biochemical parameters followed, coagulation parameters are one of the most consistently dysregulated, with 80% of participants below the LLN for AT activity at baseline (57% are below the LLN for both FXI and PC activity). These parameters are essentially stable over time, showing no downwards or upwards trend beyond the standard deviation in the data over the 4 year timeframe. This holds true across all age groups and for both sexes.



Carbohydrate Deficient Transferrin (CDT)

Most participants show a high proportion of CDT, as expected, since this evaluation is typically the first step in a diagnosis. Specifically, the asialo-/di-oligo is above the upper limit of normal for 78% of participants, while the mono-/di-oligo is for 88.1%. Similar to coagulation, there is no downwards or upwards trend beyond the standard deviation, but there is considerable visit-to-visit variability.

PMM2-CDG is the most common CDG, representing ~65% of cases. The PMM2 enzyme converts mannose-1-phosphate (M1P) to mannose-6phosphate (M6P). A deficiency in PMM2 results in hypo-glycosylated proteins and drives the pathophysiology of PMM2-CDG. Clinical presentation is variable, ranging from infants who die in the first weeks of life, to mildly affected adults. Apart from neurologic manifestations, patients have variable, sometimes severe, immunologic, hematologic, cardiac, pulmonary, gastrointestinal, renal, endocrine, musculoskeletal, developmental and/or ophthalmologic involvement.



Results

Demographics

A total of 139 participants have been enrolled in the study, with an average age of 10.4 yrs (0.5 to 68.4) at baseline. All age groups are well represented, with the largest cohort (32%) in the 0 to 6 yrs age range, followed by adults > 18 yrs (31%). Males (53%) and females (47%) are approximately equally represented.

Enrollment

Enrollment in the study took place over approximately 3 years, beginning in March 2018. Currently 16 (11.5%) participants have completed 4 years on study and all remaining patients have completed at least 2 years on study. There have been 13 discontinuations, including 3 deaths; 4 yrs/F (H1N1 viral pneumonia, kidney failure), 2 yrs/F (systemic infection), and 43 yrs/M (respiratory failure).

Demographic	Statistic	Value
	n	139
Age (years)	Median (Max, Min)	10.40 (0.5, 68.4)
	0 - <6 years	44 (31.7%)
Age Group	6 - <12 years	33 (23.7%)
(years)	12 - <18 years	19 (13.7%)
	>= 18 years	43 (30.9%)
Sev	Female	65 (46.8%)
JEX	Male	74 (53.2%)

Degree of Completion	Overall (N=139)	
0 Years	3 (2.2%)	
1 Year	7 (5.0%)	
2 Years	71 (51.1%)	
3 Years	42 (30.2%)	
4 Years	16 (11.5%)	
Discontinuations	Overall (N=13)	
Death	3 (2.1%)	
Withdrew Consent	4 (2.8%)	
Administrative / Other	6 (4.2%)	



Liver Enzymes

Whereas coagulation and transferrin glycosylation parameters show a relatively stable (although variable) course over the 4-year timeframe of the study, the same is not true of liver parameters. Alanine transaminase (ALT) and aspartate transaminase (AST) show elevated values in childhood, especially 0 to 6 yrs, however, mostly normalize thereafter.



Genotypes

Of the 139 individuals enrolled, 137 participants had complete genotype information. A total of 60 unique variants were found. The majority (n=80, 58.4%) had the **R141H** variant, in the substrate binding domain, with the next most frequent, P113L (n=29, 21.2%) and F119L (n=17, 12.4%), in the dimerization domain of the enzyme.

Variant Frequencies (Top 10; in >5% pts)





Failure to Thrive

A significant number of participants are below normal weight, with 49 (38%) below two z-scores (vs. 2.5% for a normal population). This is most pronounced in 0-24 months, where ~70% patients are below two z-scores. A similar pattern in seen in height, where 42 (34%) are below 2 z-scores, and this is most pronounced in adolescents (10, 53%).



N of Each Age Cohort by z-Score

Age Group	Below -2	2 to -2	Above 2
0 - 24 Months	9 (69.2%)	4 (30.8%)	0
>2 - <12 Years	20 (33.3%)	40 (66.7%)	0
12 - <18 Years	8 (42.1%)	11 (57.9%)	0
18 Years and Over	12 (32.4%)	24 (64.9%)	1 (2.7%)

79 (61.2%)

1 (0.8%)

Adrenal Insufficiency

A significant proportion of participants were found to be at risk for adrenal insufficiency. Of 43 examined between 7am and 1pm, 11 (25.6%) were found to have both low cortisol (below 5 µg/dl) and also low to normal ACTH levels, suggestive of secondary adrenal insufficiency. This rate is significantly above the general population (2 in 10,000).

The causes are likely multifactorial; multiple enzymes and receptors in the hypothalamic-pituitary-adrenal (HPA) axis are N-glycosylated. As a result of this finding, it was recommended that monitoring of morning cortisol and ACTH levels be part of the standard care in PMM2-CDG.

ACTH vs. Cortisol



Conclusion





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